

# SHGC Canteen Menu 2018



## SANDWICHES/ROLLS

(multigrain/wholemeal/white hi fibre)

Rye/Gluten Free Bread Available	50c	extra
Plain or Buttered Rolls	\$1.00	
Cheese	\$2.50	
Vegemite	\$2.00	
Ham	\$3.00	
Chicken (with/without mayo)	\$3.50	
Salad (with/without mayo)	\$4.00	
(lettuce, tomato, cucumber, carrot)		
Extras- Cheese, Avocado	50c	
Ham & Salad	\$4.00	
Chicken & Salad	\$4.50	
Egg & Salad	\$4.00	
Tuna & Salad	\$4.50	
Salad Bowls	\$4.00	
Sushi 2 Pack (when available)	\$5.00	
Rice Paper Rolls (when available)	\$5.00	
A variety of freshly made rolls available daily		

## HOT FOOD

Toasted Ham & Cheese Sandwiches	\$2.00
Toasted Focaccias (Cheese or Ham & Cheese)	\$4.00
(Ham & Cheese & Tomato)	\$4.00
(Chicken/Cheese/Avocado)	\$5.00
Ham and Cheese Croissants	\$3.00
Chicken Chilli Wraps - Single	\$3.00
- Double	\$4.00
Chicken or Veggie Burgers with Lettuce/Cheese/Tomato/Mayo	\$4.00
Chicken Schnitzel in a Roll	\$4.00
Chicken schnitzel in a Wrap with Lettuce/Cheese/Mayo	\$4.00
Spinach & Ricotta Roll	\$3.00
Vegetable Roll	\$3.80
Quiche	\$3.80
Soup (Terms 2 & 3)	\$2.00
Lasagne	\$4.00
Pizza	\$3.00
Noodle Cups	\$2.50
Sausage Rolls	\$2.50
Pies (meat)	\$3.80
Party Pies	\$1.00

## SNACKS

Fresh Fruit (Seasonal Pricing)	
Fruit Salad (Term 1 & 4)	\$2.00
Fresh Yoghurt (when available)	\$2.00
Frozen Yoghurt	\$2.00
Carrot Cake	\$2.00
Banana & Choc Chip Cake	\$2.00
Muffins	\$3.00
Cookies	\$2.00
Choc Croissants	\$3.00
Coffee or Apple Scrolls	\$2.50
Sun Fruit Bags	50c
Frogs	50c
Mini Kit Kat or Mars bars	70c
Corntos	\$1.00
Pop Corn	\$1.50
Chips (a variety of canteen approved)	\$1.30

A variety of Canteen approved ice creams and yoghurts are also available from \$1.00 to \$2.00

## DRINKS

Prima Juices	\$1.30
Bottled Water	\$2.00
100% Fruit Juice	\$2.00
Up & Go	\$2.00
Emma & Tom's Flavoured Milks	\$3.50
Iced Tea	\$4.00

The Order Box is located in D Foyer. The box is cleared at 9:00am. Late orders can be handed in at the canteen window at recess.

Please write your name, year level and order on a bag or envelope and enclose money indicating the amount enclosed. (Correct Money would be appreciated)

Thank you



PLEASE REMEMBER TO BIN ALL RUBBISH

Thank you