



Parents Seminar

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Time Management

- Study Timetables

Category	Activity	Day and Time
Socialising	Party	Saturday 6pm - Midnight
TV	Gossip Girl	Tuesday 9:30pm – 10:30pm
Sport	Soccer	Tuesday and Thursday 6pm – 8pm
Work	McDonald's	Wednesday 4pm – 10pm Sunday 6am – 10am
Hobbies	Music	Monday 5pm – 6pm

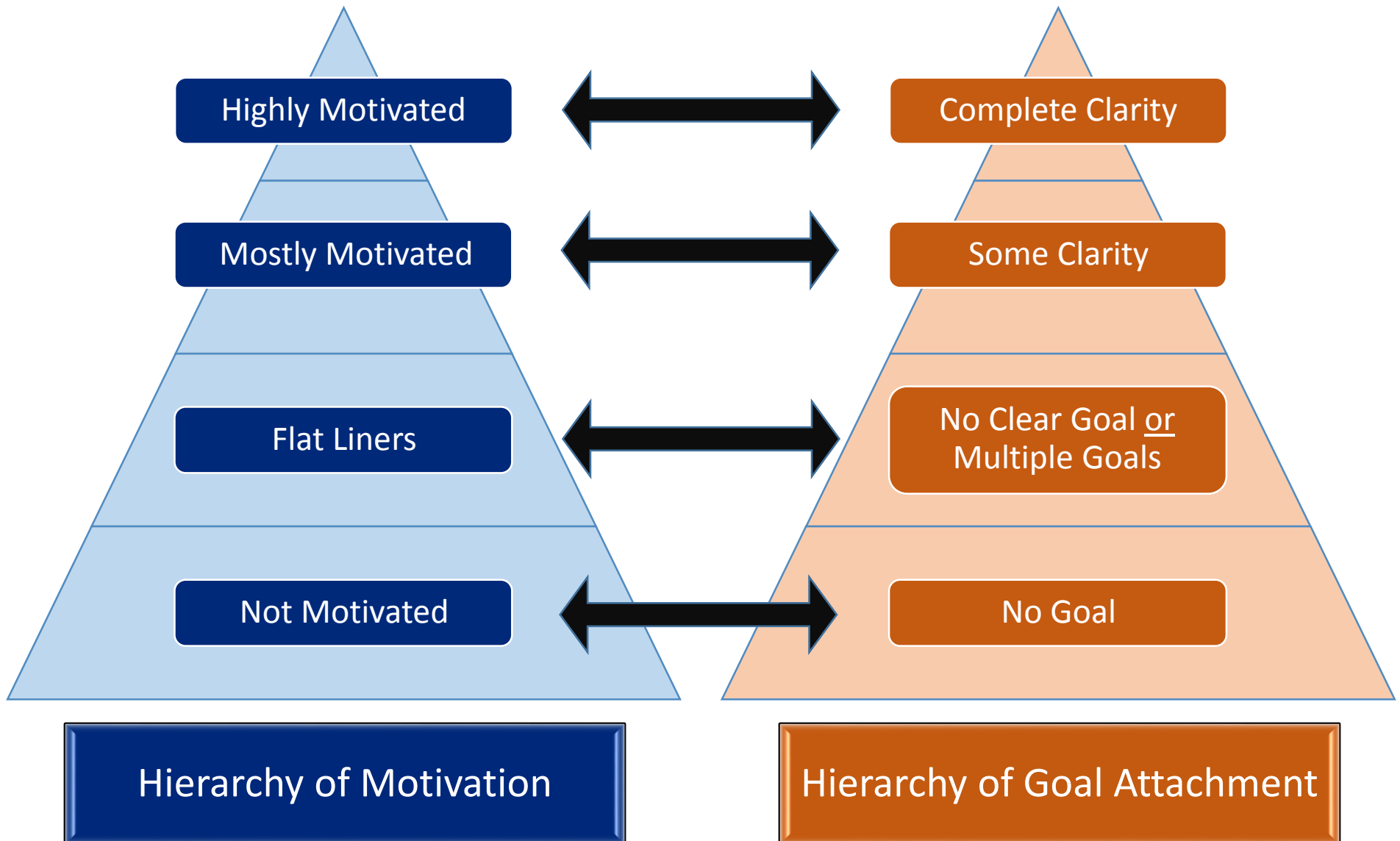
Time Management

- Study Timetables

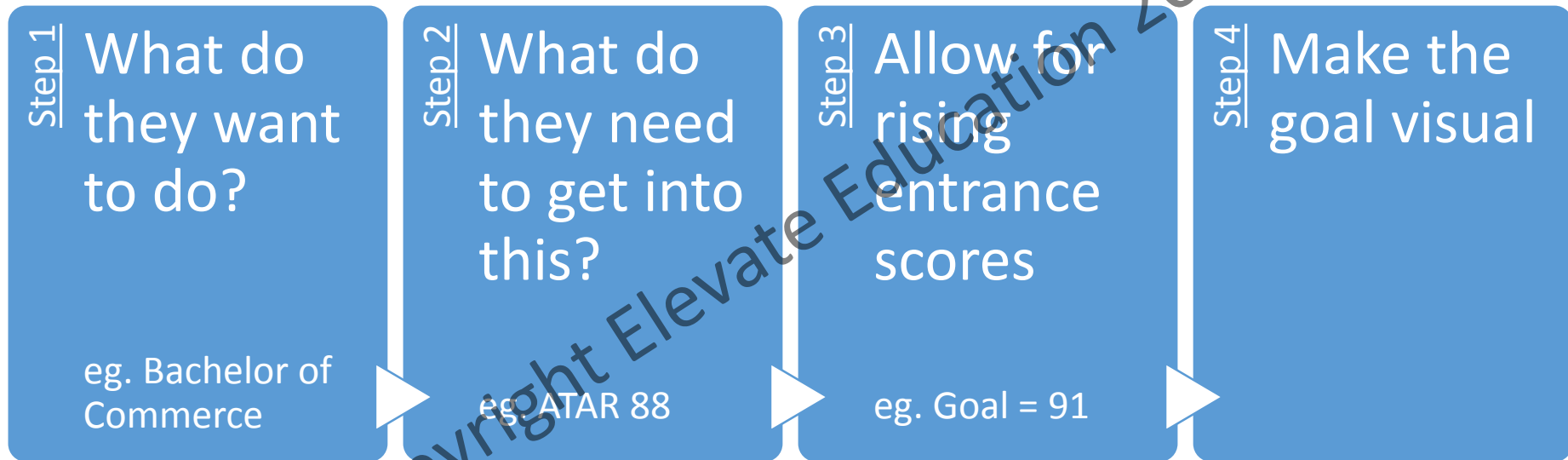
Mon	Tues	Wed	Thurs	Fri	Sat	Sun
School					Sleep In	Work
					STUDY	
	STUDY	Work	STUDY			
Music	Soccer		Soccer			
STUDY						
	TV					
					Party	

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Motivation



Goal Setting Process



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What Work To Do

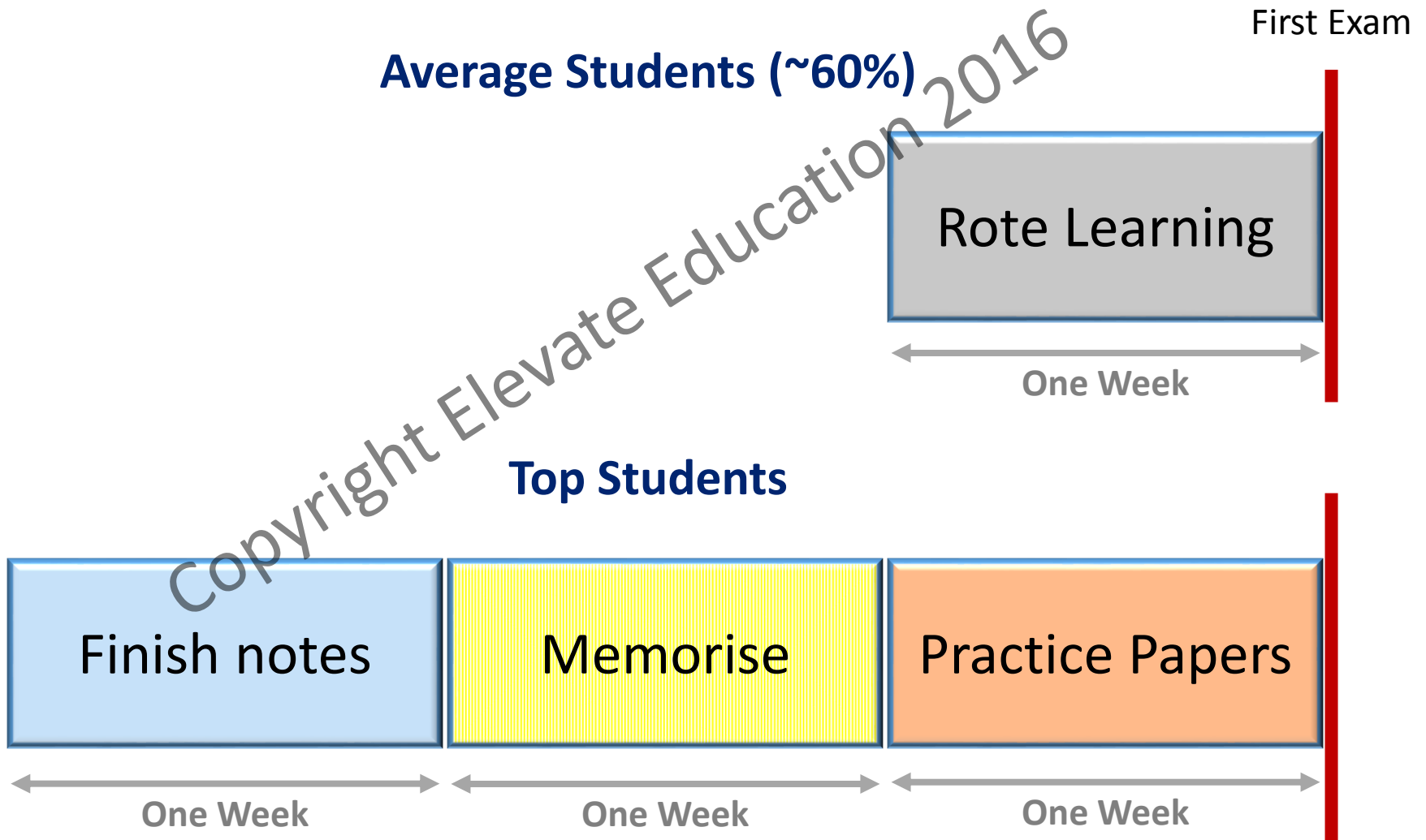
Making
Notes

Practice
Papers

Extra
Reading

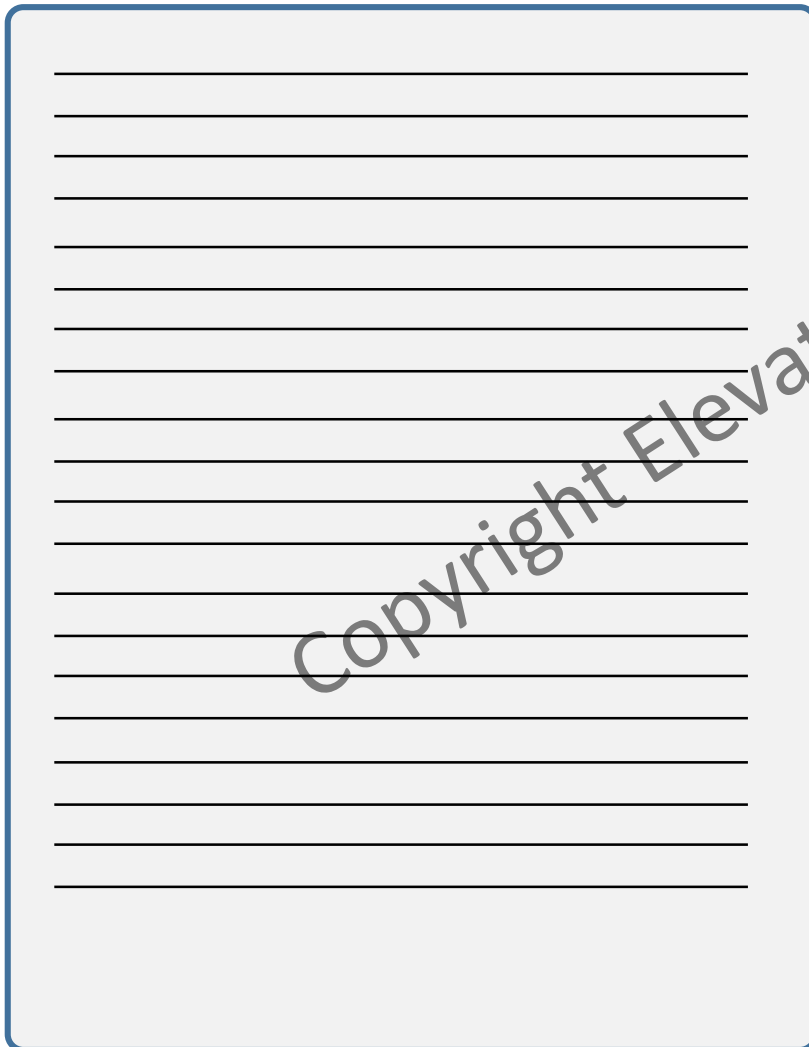
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Exam Preparation Process



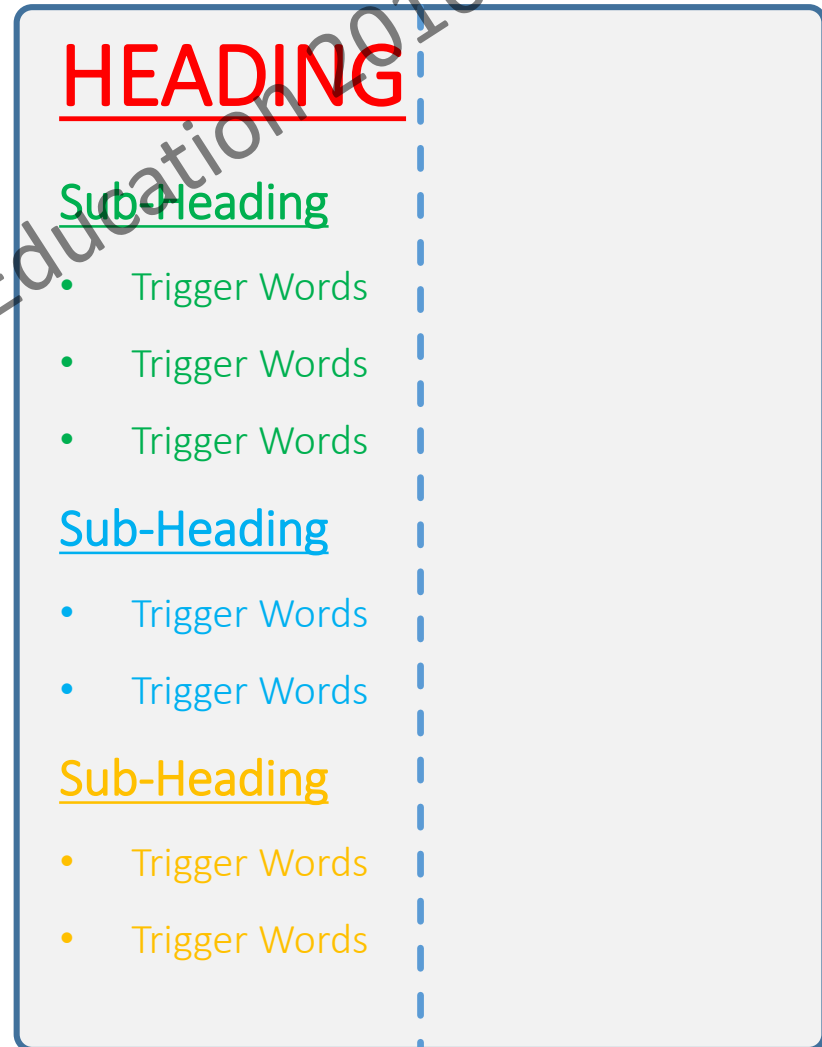
Note Making

Average Students



A rectangular box representing a notepad for average students. It contains 20 horizontal lines for writing, but no text or structure is present.

Top Performing Students



A rectangular box representing a notepad for top performing students. It shows a structured note with a red heading, three green sub-headings, and three blue sub-headings, each followed by bullet points. A vertical dashed line is on the right side.

HEADING

Sub-Heading

- Trigger Words
- Trigger Words
- Trigger Words

Sub-Heading

- Trigger Words
- Trigger Words

Sub-Heading

- Trigger Words
- Trigger Words

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Practice Exams

